

**Job Title:** Occupational Therapist

**Grade:** Band E

**Reports to:** Clinical Lead

**Role Responsibilities:** No line management or budget responsibilities

ECL vision is to be the supplier of choice for Adult Health and Social Care, this role requires the post holder to deliver a customer centric service.

The role will provide Occupational Therapy expertise to customers and staff, supporting vulnerable adults living in the community to achieve their desired outcomes, including maximising their health, wellbeing and independence. Enhancing their quality of life and taking a greater part in their local community.

The role will also facilitate training and upskilling of existing staff to improve service capabilities and support ECL's vision to provide a range of Day Opportunities to Adults with Learning Disability, Profound and Multiple Learning Difficulties and Older Adults with Physical and Sensory Impairments.

## Job purpose

To provide Occupational Therapy support on a one-to-one basis and through group sessions, as well as by supporting the training and development of Day Opportunities Workforce. The role requires work across ECL Day Opportunities services as part of a clinical team including Occupational Therapy, Physiotherapy, Positive Behavioral Therapy and Speech and Language Therapy, and will be carried out in ECL's buildings and in the community across Essex.

Working alongside the Day Opportunities workforce to ensure the ECL services offer Person Centred day services for those adults within Essex that have, often, complex and multiple physical, behavioural and sensory needs.

This will be done through one-to-one work with customers to identify and improve their participation and function, to help promote their health and wellbeing, carrying out occupational assessments and Moving and Handling assessments as required.

An expectation to provide training for Day Opportunities staff groups in Moving and Handling, Health Promotion, Vocational Rehabilitation, Mobility, Disclosure and Safeguarding and other training as identified by the Day Opportunities services across Essex.

## Key Accountabilities

- Work flexibly and collaboratively across structural boundaries as part of cross functional teams, and in support of key functional outputs, regardless of where you sit within the organisation.

- Think creatively, challenging the norms, and constructively challenging those around you (including those more senior) to ensure continuous improvement, commercial astuteness, and inspire the same in colleagues.
- Ensure understanding and the proper assessment and mitigation of risk, including Information Governance, Safeguarding, Health and Safety and Business Continuity.
- Responsible for recognising a disclosure of a concern from an individual that requires a safeguarding intervention to be made and to take appropriate action.

### **Duties and Responsibilities**

- To assess, plan, review and develop rehabilitation programmes for customers with a wide variety of complex needs in line with their own outcomes/goals.
- To co-develop and provide comprehensive training across the Day Opportunities service in ECL to upskill support worker's ability to support and care for those with complex physical, behavioural and sensory needs.
- To review functional, activity/occupation and positioning advice and guidance given to adults with LD/PMLD or Older Adults within the Day Opportunities service.
- To be responsible for your own caseload, working as an autonomous practitioner alongside a small team, as part of a wider, countywide service.
- Undertake evidence-based audit and research projects to further own and functions service development. Make recommendations to clinical team leader for changes to practice. Lead the implementation of specific changes to practice or contribute to service development and guidelines when required to.
- To be professional and legally responsible for assessment and clinically reasoned practice.
- To encourage healthy and active lifestyles within a complex population group.
- To advise and instruct Support Workers of the best means to manage the client's physical disability.

This job description is only an outline of the tasks, responsibilities and outcomes required of the role. The jobholder will carry out any other duties as may be reasonably required by his/her line manager.

## Person Specification

### Education and qualification

- A recognised degree or diploma in Occupational Therapy (Valid HCPC registration)
- Membership of the Royal College of Occupational Therapist (RCOT)

### Skills and Experience

- Recent experience of working in a community environment, with at least 1-2 years post qualification experience.
- Experience in working with Adults with Learning Disability, Profound and Multiple Learning Difficulties and/or Older Adults with complex needs.
- Evidence of ongoing professional development.
- Exceptional interpersonal skills, with a good understanding of capacity and advocacy.
- Evidence of the ability to prioritise workload under pressure and work to tight deadlines.
- Comprehensive understanding of the Mental Capacity Act, Care Act and Safeguarding Vulnerable Adults as well as Vocational Rehabilitation and Human Occupation.
- Understanding of clinical governance and its implications for services including experience of quality issues and audit.

### Values and Behaviours

- Ability to demonstrate, understand and apply our values (see below) and be able to evidence these attitudes and behaviours as part of the application process.

